



Here to help - Cost of living

Help, advice and practical support for anyone who needs it.

Cost of Living Support: Fuel

The **Help for Households** website from the UK government has details of help available for cost of living support:

<https://helpforhouseholds.campaign.gov.uk/>

West Sussex County Council have a website listing help, advice, and practical support for anyone who needs it:

<https://www.westsussex.gov.uk/leisure-recreation-and-community/cost-of-living/>

West Sussex Citizens Advice are available to provide free, independent, confidential, and impartial advice to everyone.

Freephone Adviceline on 0808 278 7969

<https://www.advicewestsussex.org.uk/>

Help for Households – help with your energy bill including information on the energy price guarantee, the energy bills support scheme, winter fuel payments, and cold weather payments:

<https://helpforhouseholds.campaign.gov.uk/help-with-your-bills/>

Citizens Advice West Sussex can help you with your energy problems. This includes issues with your bills or meters, or if you're struggling to pay for the energy you use:

<https://www.advicewestsussex.org.uk/advice/reduce-your-energy-costs/>

West Sussex Energy Advice Service – West Sussex residents and families facing financial hardship, struggling with energy payments, or needing help with home grants and repairs can contact the West Sussex Energy Advice Service and speak to the Home Energy Advisors direct:

<https://arunchichestercab.org.uk/contact-us/energy-2022/>

Other organisations offering information and advice to help with paying energy bills:

Age UK

<https://www.ageuk.org.uk/information-advice/money-legal/debt-savings/energy/>

Citizens Advice

<https://www.citizensadvice.org.uk/consumer/energy/energy-supply/>

Money Helper

<https://www.moneyhelper.org.uk/en/money-troubles/dealing-with-debt/struggling-to-pay-your-gas-or-electricity-bill>

Money Savings Expert

<https://www.moneysavingexpert.com/energy/>

Ofgem

<https://www.ofgem.gov.uk/information-consumers/energy-advice-households/getting-help-if-you-cant-afford-your-energy-bills>

Which?

<https://www.which.co.uk/reviews/cutting-your-energy-bills/article/guides>
(full access to Which Online is available in all West Sussex Libraries)

The **Priority Services Register** is a free service provided by suppliers and network operators to give extra help and support to vulnerable customers:

<https://www.ofgem.gov.uk/getting-extra-help-priority-services-register>

<https://www.citizensadvice.org.uk/consumer/energy/energy-supply/get-help-paying-your-bills/getting-extra-support-from-your-energy-supplier/>

Warm Spaces

Warm Welcome have over 1,000 registered places which have opened or are opening up free, warm, welcoming spaces for the public over this winter, all West Sussex Libraries will be registered on the Warm Welcome network:

<https://www.warmwelcome.uk/>

Please contact your local library for more details on the support available. Libraries can also signpost to organisations offering targeted support in local areas.

<https://arena.westsussex.gov.uk/our-libraries>

