



Here to help - Cost of living

Help, advice and practical support for anyone who needs it.

Cost of Living Support: Housing

The **Help for Households** website from the UK government has details of help available for cost of living support:

<https://helpforhouseholds.campaign.gov.uk/>

West Sussex County Council have a website listing help, advice, and practical support for anyone who needs it:

<https://www.westsussex.gov.uk/leisure-recreation-and-community/cost-of-living/>

West Sussex Citizens Advice are available to provide free, independent, confidential, and impartial advice to everyone.

Freephone Adviceline on 0808 278 7969

<https://www.advicewestsussex.org.uk/>

Help for Households - Help with household costs including Cost of Living Payments, Council Tax rebates, budgeting loans, and housing benefits: <https://helpforhouseholds.campaign.gov.uk/housing-support/>

Citizens Advice West Sussex can give you advice on where you stand, whether you are renting your home or paying a mortgage:

<https://www.advicewestsussex.org.uk/advice/housing/>

Help with paying rent – organisations providing information and advice if you are struggling to pay your rent:

Citizens Advice:

<https://www.citizensadvice.org.uk/housing/renting-privately/private-renting/get-help-with-renting-costs/>

Money Helper:

<https://www.moneyhelper.org.uk/en/homes/renting/rent-arrears-problems-paying-your-rent>

Shelter:

https://england.shelter.org.uk/housing_advice/private_renting/get_help_with_rent

Help with mortgage payments – organisations providing information and advice if you are struggling with your mortgage payments:

Citizens Advice:

<https://www.citizensadvice.org.uk/debt-and-money/mortgage-problems-debt-and-money/>

Money Helper:

<https://www.moneyhelper.org.uk/en/homes/buying-a-home/mortgage-arrears-if-you-have-problems-paying-your-mortgage>

Money Savings Expert:

<https://www.moneysavingexpert.com/mortgages/mortgage-arrears-help/>

Homelessness and rough sleeping

West Sussex County Council - Who to contact if you're homeless or may become homeless and need help:

<https://www.westsussex.gov.uk/land-waste-and-housing/housing/help-with-homelessness/>

Gov.uk - Help if you're homeless or about to become homeless:

<https://www.gov.uk/if-youre-homeless-at-risk-of-homelessness>

Homeless England is the most comprehensive database of Homelessness services. It is constantly updated and lists of 1500 projects up and down the country with contact details and service descriptions:

<https://homeless.org.uk/homeless-england/>

Shelter - practical housing advice and support online, in person and by phone: <https://england.shelter.org.uk/>

Please contact your local library for more details on the support available. Libraries can also signpost to organisations offering targeted support in local areas.

<https://arena.westsussex.gov.uk/our-libraries>